

Recommended Dietary Supplements For Patients With Age Related Macular Degeneration

AREDS 2 FORMULA

Vitamin C	500 mg daily
Vitamin E	400 IU daily
Zinc Oxide	25 mg daily
Copper	2 mg daily
Lutein	10 mg daily
Zeaxanthin	2 mg daily

USRetina Areds 2 Formula (Sold in our office)

AREDS 2 FORMULA

3 MONTH SUPPLY \$45.00